

Success Stories:

"I learned a lot, like how to be better at throwing and catching and playing baseball because we did it in steps. It's fun. You get to try out stuff like skateboarding and you get to meet other kids who are just like me."
- Douglas (age 10)

"Thanks! I learned to ride a scooter, skip, throw a basketball, and lots of other stuff. Come here - it's worth it!"
- Christopher (age 10)

"What a relief it was to finally find out what it was that made my son 'different'! I had been seeking help since he was four. It wasn't until he was in Grade 12 that I met Dr. Kamps who assessed him and diagnosed him with DCD. He is now relieved to understand why he found school so challenging, and with his current assessment can consider pursuing a college education."
- Alberta Parent

"Dr. Kamps' program is unique as it provides safe, effective practice for kids who are reluctant to try sports -- they choose their own activities and goals, receive expert skills analysis and step-by-step mind-body instruction appropriate to their starting level, never fear being watched or ridiculed and learn alongside others who share their fears and celebrate their successes. It's wonderful to watch their self confidence grow week by week at school."
- Educator

"Paulene's approach to teaching my kids (14 years old and 8 years old) how to ride their bikes was amazing! She had them riding their bikes independently after 2 single attempts! I had been trying for years! It really helped them gain a sense of self-confidence that they can do it! It was really great. Now they can ride with friends -- and, I am able to go biking with my kids and enjoy the great outdoors more often."
- Parent

Kamps

Kinesiology and Meta-cognitive Psychological Services

Dr. Paulene Kamps

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Has your
child ever been
referred to as:

Clumsy?

Uncoordinated?

Sloppy?

Physically awkward?

There is help.

Kamps

Kinesiology and Meta-cognitive Psychological Services

Kids actively making progress in
Sports, School & Socialization.



Does your child have difficulty:

- paying attention?
- following instructions?
- staying organized?
- completing assignments?
- with reading and/or writing?
- learning/applying math concepts?
- interacting socially?
- with depression and/or anxiety?
- displaying appropriate behaviors?
- with motor skills?
(awkward when tying shoes,
using a knife/fork, riding a bike,
running with a smooth gait...)

A psycho educational assessment will investigate the cause of the difficulties. Is due to:

- variations in cognitive ability?
- inattention/distractibility or hyperactivity?
- learning disabilities?
- auditory or visual processing problems?
- social and/or emotional factors?
- specific disorders?
(Aspergers Syndrome, Developmental
Coordination Disorder...)

Specialization

Assessment and interventions for individuals with motor and/or social skill difficulties and related issues.

Fee Structure

- varies according to services
- commensurate with costs of other psychologists

***If you have an employee assistance program that covers psychological services, all or part of your payment may be covered.**

Check your policy.

Dr. Paulene Kamps offers:

- individual **assessments** for children, youth and young adults
- **recommendations/strategies** which address the underlying cause of the difficulties and will make a difference
- **consultations** with clients, parents and teachers about the impact of the person's difficulties on various domains of functioning
- **workshops/presentations** for parents, teachers and other professionals
- **individualized instruction** for specific skills (riding a bike)
- **small group** gross motor learning sessions - away from athletically able peers

**Call now for for program times, location, and to arrange assessments.
Phone: 403.217.5749**

K a m p s

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